



# LUNCH

## FEBRUARY 2018 Child Nutrition Program

### PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

5

Grilled Cheese Sandwich  
Steamed Carrots,  $\frac{1}{2}$  cup  
Potato Smiles,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

12

Baked Macaroni & Cheese  
Cucumber Coins,  $\frac{1}{2}$  cup  
Steamed Carrots,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

19

**NO SCHOOL**



26

Colby Cheese Omelet  
Wrapped in Soft Shell  
Sweet Potato Fries,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

6

**Taco Tuesday**

\*Pork Taco on Soft Shell  
with Cheddar Cheese &  
Shredded Lettuce  
Red Kidney Beans,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

13

**Taco Tuesday**

\*Shredded Pork on Soft Shell  
Green Pepper Strips,  $\frac{1}{2}$  cup  
Sweet Potato Fries,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

20

**Taco Tuesday**

Turkey Taco on Soft Shell  
Black Bean Salad,  $\frac{1}{2}$  cup  
Roasted Corn,  $\frac{1}{2}$  cup  
Fruit Cup,  $\frac{1}{2}$  cup  
Choice of Milk

27

Chicken and Cheese Quesadilla  
Steamed Carrots,  $\frac{1}{2}$  cup  
Green Pepper Strips,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

7

**Italian Day**

Chicken Parmigiana  
On Baked Bun  
Steamed Broccoli,  $\frac{1}{2}$  cup  
Fruit Cup,  $\frac{1}{2}$  cup  
Choice of Milk

14

**Valentine's Day Lunch**  
**ASH WEDNESDAY**

Potato Crusted Fish Patty  
on Baked Bun  
Roasted Potato Wedges,  $\frac{1}{2}$  cup  
Strawberry Fruit Cups,  $\frac{1}{2}$  cup  
**STRAWBERRY MILK**

21

**Build Your Own Burger**

Hamburger on Baked Bun  
American Cheese & Sliced Tomato  
Sweet Potato Fries,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

28

**Try Something New**

Chicken Fajita in Bread Bowl  
with Cheddar Cheese  
Black Bean Salad,  $\frac{1}{2}$  cup  
Roasted Corn,  $\frac{1}{2}$  cup  
Fruit Cup,  $\frac{1}{2}$  cup  
Choice of Milk

1

Mozzarella Sticks &  
Chicken Smackers **COMBO!**  
Bread Slice  
Steamed Broccoli,  $\frac{1}{2}$  cup  
Fruit Cup,  $\frac{1}{2}$  cup  
Choice of Milk

8

Hot Turkey Ham Sandwich  
Sweet Potato Fries,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

15

Chicken Smackers with Ketchup  
Bread Slice  
Vegetarian Beans,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

22

\*Pork Meatballs & Rotini Pasta  
Steamed Green Beans,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

2

**Groundhog Day**

Cheese Pizza  
Black Bean Salad,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

9

Homemade Baked Ziti  
Steamed Green Beans,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

16

**Chinese New Year**

Mandarin Orange Fish Nuggets  
Seasoned Brown Rice  
Steamed Broccoli,  $\frac{1}{2}$  cup  
Chilled Peach Cup,  $\frac{1}{2}$  cup  
Choice of Milk

23

Cheese Pizza  
Steamed Broccoli,  $\frac{1}{2}$  cup  
Carrot Sticks,  $\frac{1}{2}$  cup  
Fresh Fruit,  $\frac{1}{2}$  cup  
Choice of Milk

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This institution is an equal opportunity provider.



**Available Daily**  
Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
A side salad (1 cup) of leafy dark green vegetable is offered daily.  
 $\frac{1}{2}$  cup Fresh Fruit options will be offered daily  
**Select a fruit AND/OR vegetable with your sandwich.**

You may also choose your choice of milk:  
**PreK-8 Participants:** Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
**K-8 Participants ONLY:** Fat Free Chocolate milk is available Tuesdays and Thursdays.  
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.  
ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.  
\*pork item will be substituted with a non-pork item to equate meat/meat alternative