

PreK-Grade 8

MARCH 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>6</p> <p><u>Taco Tuesday</u> *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>7</p> <p><u>Italian Day</u> Chicken Parmigiana On Baked Bun Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p>1</p> <p>Mozzarella Sticks & Chicken Smackers COMBO! Marinara Sauce Carrot Sticks, ½ cup Potato Smiles, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p>2</p> <p>Cheese Pizza Steamed Spinach, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p>12</p> <p>Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>13</p> <p><u>Taco Tuesday</u> *Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>14</p> <p><u>Asian Day</u> Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk</p>	<p>8</p> <p>Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>9</p> <p>Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p>19</p> <p>Three-Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>20</p> <p><u>Taco Tuesday</u> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p>21</p> <p><u>Build Your Own Burger</u> Hamburger on Baked Bun American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>15</p> <p>Chicken Smackers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>16</p> <p>Potato Crusted Fish Patty on Baked Bun Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p>26</p> <p>Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>27</p> <p>Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>28</p> <p>*Crispy Boneless Pork Chop with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p>22</p> <p>*Pork Meatballs & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>23</p> <p>EST. 1943 UNO PIZZERIA & GRILL Cheese Pizza Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p>26</p> <p>Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>27</p> <p>Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>28</p> <p>*Crispy Boneless Pork Chop with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p>29</p> <p>Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p>30</p> <p>Mozzarella Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk</p>

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
A side salad (1 cup) of leafy dark green vegetable is offered daily.
½ cup Fresh Fruit options will be offered daily
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
PreK-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
K-8 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.
***=pork item will be substituted with a non-pork item to equate meat/meat alternative**

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Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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